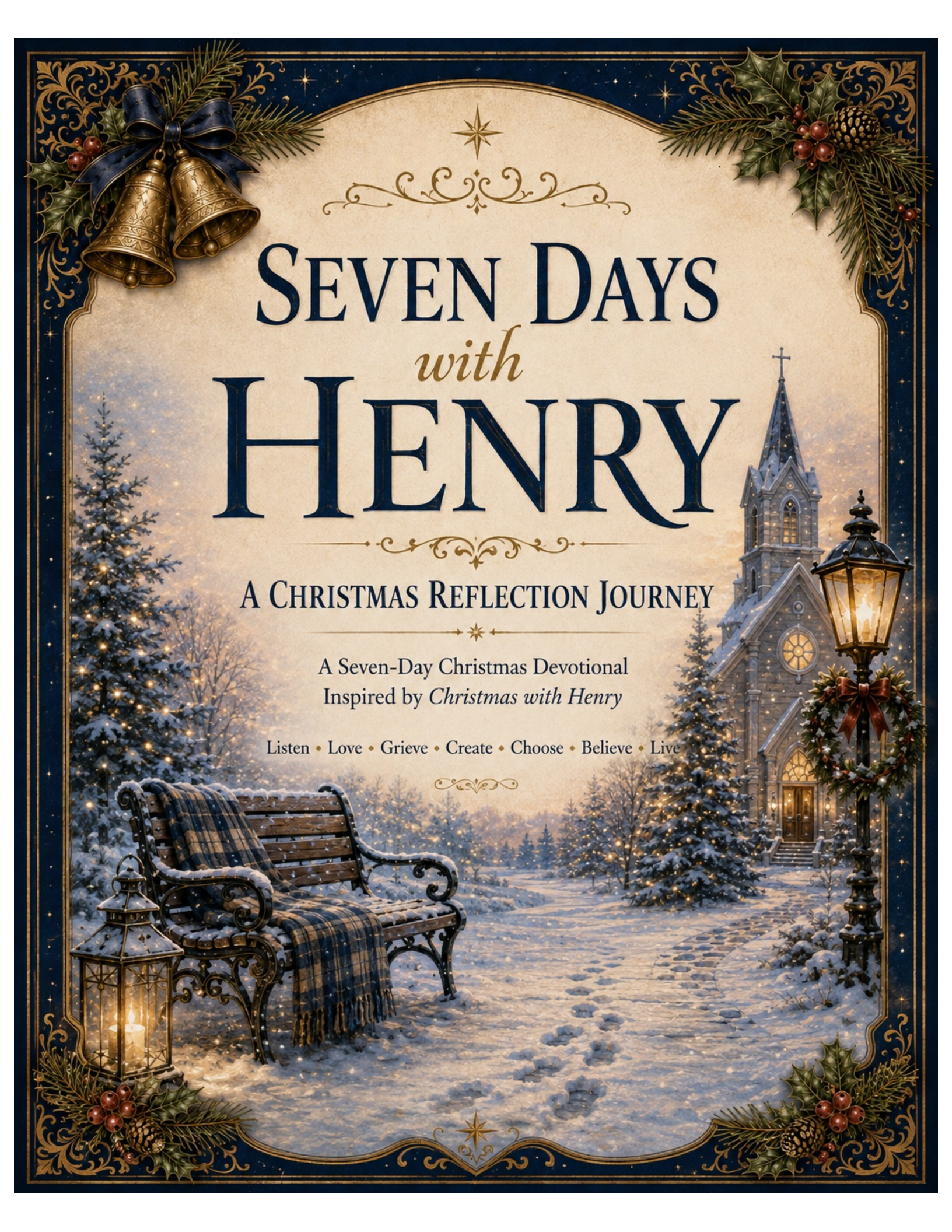


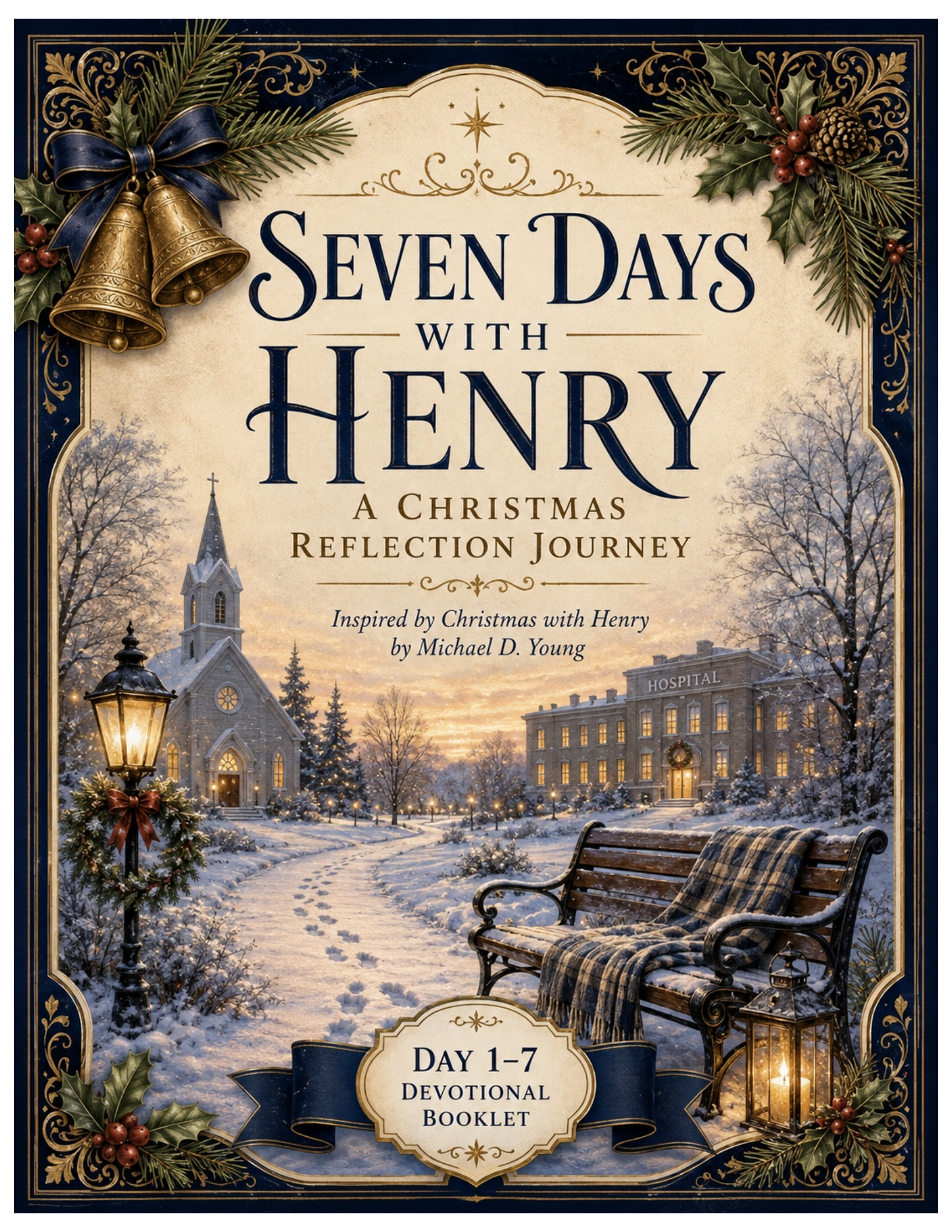
The background of the entire page is a detailed, painterly illustration of a winter night scene. In the foreground, a wooden bench with ornate metal armrests sits on a snow-covered path. A blue and white plaid blanket is draped over the bench. To the left of the bench is a glowing lantern. In the background, a church with a tall steeple and a cross is visible, its windows and entrance warmly lit. Snow-covered evergreen trees are scattered throughout the scene, some adorned with lights. The sky is a soft, hazy blue with falling snow. The entire scene is framed by a dark blue border with ornate gold scrollwork and holly leaves. In the top corners, there are clusters of holly leaves, red berries, and pinecones. In the bottom corners, there are similar holly and pinecone decorations. The title text is centered in the upper half of the page.

SEVEN DAYS *with* HENRY

A CHRISTMAS REFLECTION JOURNEY

A Seven-Day Christmas Devotional
Inspired by *Christmas with Henry*

Listen ♦ Love ♦ Grieve ♦ Create ♦ Choose ♦ Believe ♦ Live

The background of the cover is a detailed illustration of a winter night scene. On the left, a small church with a steeple and a cross is illuminated from within. A path of footprints leads from the foreground towards the church. On the right, a large, multi-story building with the word 'HOSPITAL' on its facade is also lit up. In the foreground, a wooden bench with a plaid blanket draped over it sits on the snowy path. To the left of the bench is a glowing street lamp, and to the right is a lantern. The entire scene is framed by a decorative border featuring holly leaves, berries, and pine branches. At the top left, two large golden bells are tied with a blue ribbon. At the top center, a starburst ornament is visible.

SEVEN DAYS WITH HENRY

A CHRISTMAS
REFLECTION JOURNEY

*Inspired by Christmas with Henry
by Michael D. Young*

DAY 1-7
DEVOTIONAL
BOOKLET

DAYS 3-4 • GRIEVE & CREATE

DAY 3 — GRIEVE



SPOILER-LIGHT SUMMARY

Henry speaks of sorrow and the weight of grief that follows loss. He looks at the barren tree and sees in it a living metaphor—bare now, yet not without hope.



LONGFELLOW LINE

There is no grief like the grief that does not speak.



THEME

Grief is honest, but we are still alive, and hope endures.



JOURNAL QUESTION

What loss has most changed you, and how has it shaped your life?



FAMILY ACTIVITY

Remember someone you've lost. Share a story or look at a photo together. Talk about hard seasons you've walked through as a family.



CHRISTMAS ACTION

Light a candle in remembrance of someone you love who is no longer here.



DAY 4 — CREATE



SPOILER-LIGHT SUMMARY

Henry pours himself into writing, and Charley plants the evergreen with steady hands. Both acts of creating and tending bring purpose and a path toward healing.



LONGFELLOW LINE

Art is the child of Nature.



THEME

Creative or meaningful work can help us heal and give our lives direction.



JOURNAL QUESTION

What kind of work or creativity feels worthwhile and steadies you?

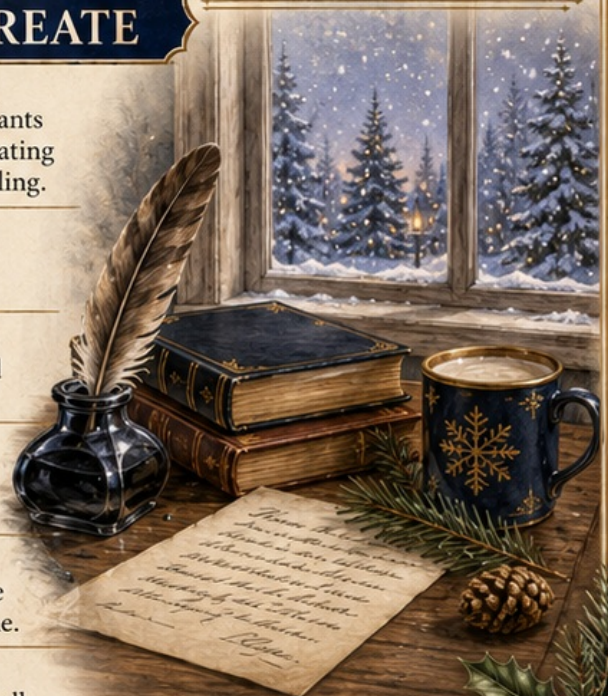


FAMILY ACTIVITY

Write, draw, or make a simple Christmas keepsake together. Enjoy the process more than the outcome.

CHRISTMAS ACTION

Make something encouraging—a card, note, or small gift—for someone who could use a lift.



DAYS 5-6 • CHOOSE & BELIEVE

DAY 5 — CHOOSE



SPOILER-LIGHT SUMMARY

Charley faces the heart-wrenching decision about Megan's surgery. Henry gently guides him toward the road of greatest hope.



LONGFELLOW LINE

*Lives of great men all remind us
We can make our lives sublime.*



THEME

Courageous choice.



JOURNAL QUESTION

What decision are you facing right now?
What would hope look like in it?



FAMILY ACTIVITY

As a family, talk about a time you had to make a hard but loving choice.
What helped you?



CHRISTMAS ACTION

Do one small, brave thing today that you've been postponing.



DAY 6 — BELIEVE



SPOILER-LIGHT SUMMARY

On Christmas morning, the bells ring out, and hope is reborn through the powerful words of "I Heard the Bells on Christmas Day."



LONGFELLOW LINE

God is not dead, nor doth He sleep.



THEME

Faith in darkness.



JOURNAL QUESTION

What truth helps you endure when things feel uncertain?



FAMILY ACTIVITY

Read or sing "I Heard the Bells on Christmas Day" together as a family.

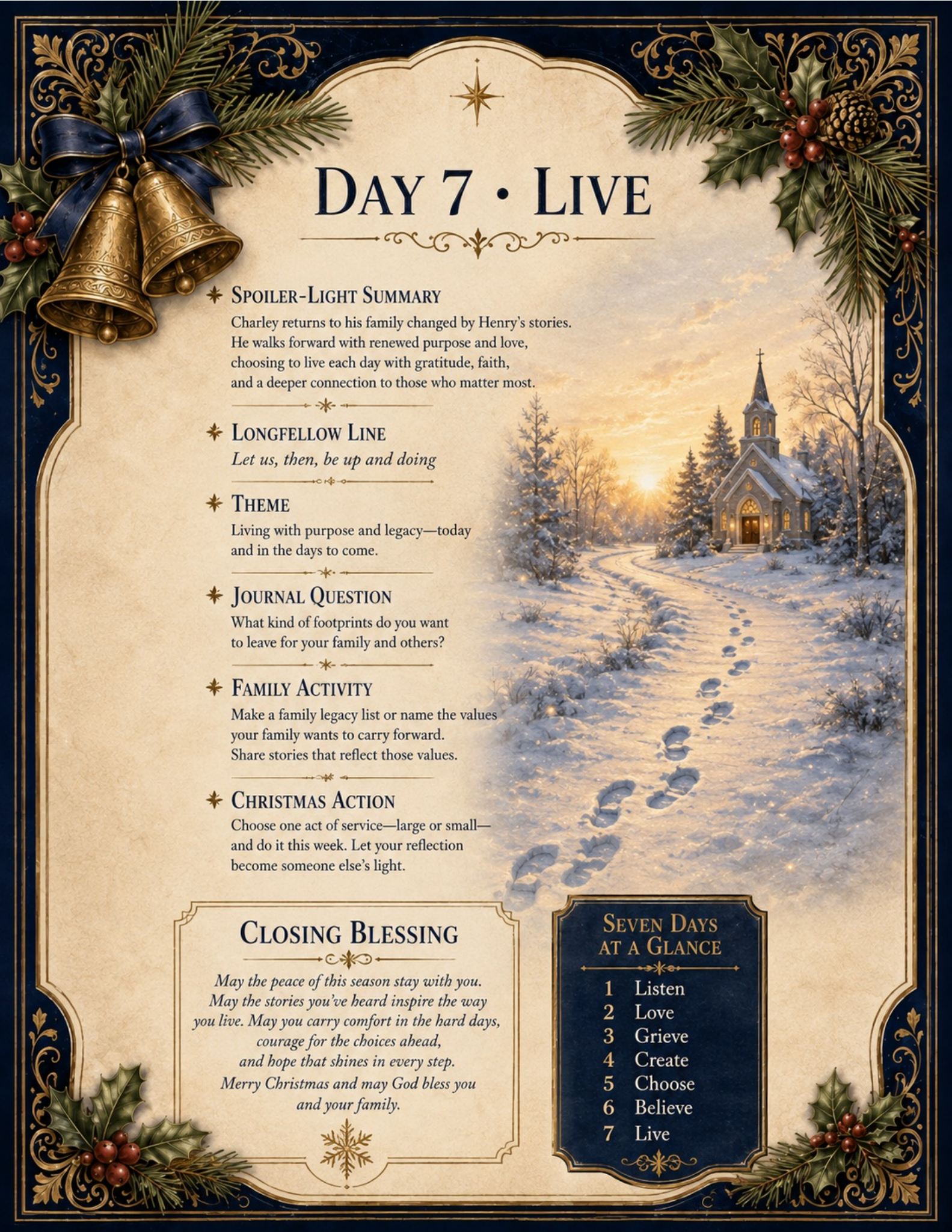


CHRISTMAS ACTION

Share a hopeful scripture, poem, or lyric with someone who needs encouragement.



May you choose with courage
and believe with steadfast hope—
for He is with you still.



DAY 7 • LIVE

★ SPOILER-LIGHT SUMMARY

Charley returns to his family changed by Henry's stories. He walks forward with renewed purpose and love, choosing to live each day with gratitude, faith, and a deeper connection to those who matter most.

★ LONGFELLOW LINE

Let us, then, be up and doing

★ THEME

Living with purpose and legacy—today and in the days to come.

★ JOURNAL QUESTION

What kind of footprints do you want to leave for your family and others?

★ FAMILY ACTIVITY

Make a family legacy list or name the values your family wants to carry forward. Share stories that reflect those values.

★ CHRISTMAS ACTION

Choose one act of service—large or small—and do it this week. Let your reflection become someone else's light.

CLOSING BLESSING

*May the peace of this season stay with you.
May the stories you've heard inspire the way
you live. May you carry comfort in the hard days,
courage for the choices ahead,
and hope that shines in every step.
Merry Christmas and may God bless you
and your family.*

SEVEN DAYS AT A GLANCE

- 1 Listen
- 2 Love
- 3 Grieve
- 4 Create
- 5 Choose
- 6 Believe
- 7 Live